MICROSOFT 365 USAGE: ACTIVITY COUNTS

All clients

Harbour IT

PREPARED BY
Harbour IT

DATE
29 Nov 2026

CLIENTS
3

Who actually uses email, Teams, OneDrive, SharePoint and the Office apps, and when each person was last active.

Filtered view. Activity counts: 115 of 115 rows, 1 column hidden. The headline figures cover every row.

Activity counts 115

What each person did in the last 30 days.

Client	Emails sent	Emails received	Teams messages	Calls	Meetings
Contoso Legal LLP	40	300	0	0	0
Contoso Legal LLP	12	80	15	1	2
Contoso Legal LLP	0	0	0	0	0
Contoso Legal LLP	0	0	0	0	0
Contoso Legal LLP	70	500	60	1	9
Contoso Legal LLP	0	0	0	0	0
Contoso Legal LLP	0	0	0	0	0
Contoso Legal LLP	0	0	0	0	0
Contoso Legal LLP	0	0	0	0	0
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Contoso Legal LLP	0	0	0	0	0
Contoso Legal LLP	0	0	0	0	0
Contoso Legal LLP	0	0	0	0	0
Contoso Legal LLP	0	0	0	0	0
Contoso Legal LLP	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	40	300	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
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Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Northwind Traders	0	0	0	0	0
Northwind Traders	0	0	0	0	0
Northwind Traders	0	0	0	0	0

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Northwind Traders	0	0	0	0	0
Northwind Traders	0	0	0	0	0
Northwind Traders	0	0	0	0	0
Northwind Traders	0	0	0	0	0
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Northwind Traders	0	0	0	0	0
Northwind Traders	0	0	0	0	0
Northwind Traders	0	0	0	0	0
Northwind Traders	0	0	0	0	0
Northwind Traders	0	0	0	0	0
Northwind Traders	0	0	0	0	0

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