MICROSOFT 365 USAGE: ACTIVITY COUNTS

All clients

Harbour IT

PREPARED BY	DATE	DATA COLLECTED	MICROSOFT 365 TENANT
Harbour IT	15 Oct 2026	14 Oct 2026, 23:39 UTC	3 clients

Who actually uses email, Teams, OneDrive, SharePoint and the Office apps, and when each person was last active.

Filtered view. Activity counts: 109 of 118 rows, Emails received is 0, 1 column hidden. The headline figures cover every row.

Activity counts 109

What each person did in the last 30 days.

Client	Emails sent	Emails received	Teams messages	Calls	Meetings
Contoso Legal LLP	0	0	0	0	0
Contoso Legal LLP	0	0	0	0	0
Contoso Legal LLP	0	0	0	0	0
Contoso Legal LLP	0	0	0	0	0
Contoso Legal LLP	0	0	0	0	0
Contoso Legal LLP	0	0	0	0	0
Contoso Legal LLP	0	0	0	0	0
Contoso Legal LLP	0	0	0	0	0
Contoso Legal LLP	0	0	0	0	0
Contoso Legal LLP	0	0	0	0	0
Contoso Legal LLP	0	0	0	0	0

Client	Emails sent	Emails received	Teams messages	Calls	Meetings
Contoso Legal LLP	0	0	0	0	0
Contoso Legal LLP	0	0	0	0	0
Contoso Legal LLP	0	0	0	0	0
Contoso Legal LLP	0	0	0	0	0
Contoso Legal LLP	0	0	0	0	0
Contoso Legal LLP	0	0	0	0	0
Contoso Legal LLP	0	0	0	0	0
Contoso Legal LLP	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0

Client	Emails sent	Emails received	Teams messages	Calls	Meetings
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0

Client	Emails sent	Emails received	Teams messages	Calls	Meetings
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Fabrikam Dental Group	0	0	0	0	0
Northwind Traders	0	0	0	0	0
Northwind Traders	0	0	0	0	0
Northwind Traders	0	0	0	0	0
Northwind Traders	0	0	0	0	0
Northwind Traders	0	0	0	0	0
Northwind Traders	0	0	0	0	0
Northwind Traders	0	0	0	0	0

Client	Emails sent	Emails received	Teams messages	Calls	Meetings
Northwind Traders	0	0	0	0	0
Northwind Traders	0	0	0	0	0
Northwind Traders	0	0	0	0	0
Northwind Traders	0	0	0	0	0
Northwind Traders	0	0	0	0	0
Northwind Traders	0	0	0	0	0
Northwind Traders	0	0	0	0	0
Northwind Traders	0	0	0	0	0
Northwind Traders	0	0	0	0	0
Northwind Traders	0	0	0	0	0
Northwind Traders	0	0	0	0	0
Northwind Traders	0	0	0	0	0
Northwind Traders	0	0	0	0	0
Northwind Traders	0	0	0	0	0
Northwind Traders	0	0	0	0	0
Northwind Traders	0	0	0	0	0
Northwind Traders	0	0	0	0	0
Northwind Traders	0	0	0	0	0
Northwind Traders	0	0	0	0	0
Northwind Traders	0	0	0	0	0
Northwind Traders	0	0	0	0	0

Client	Emails sent	Emails received	Teams messages	Calls	Meetings
Northwind Traders	0	0	0	0	0
Northwind Traders	0	0	0	0	0
Northwind Traders	0	0	0	0	0
Northwind Traders	0	0	0	0	0
Northwind Traders	0	0	0	0	0
Northwind Traders	0	0	0	0	0

Prepared by Harbour IT (help@harbourit.example · 0161 496 0000). Read from Microsoft 365 with read-only access; nothing was changed. Data collected 14 Oct 2026, 23:39 UTC.